

Don't waste the summer!

Introduction

Traditionally a slowing down town for most of us with big changes to the routines because the kids are about. Summer is a good time for reflection, preparation and practice of our parenting ideas.

Discussion questions

1. Summer reading program or no summer reading program?
2. Do you have a favorite award list you seek out each year? Why not? Or Which ones?
3. When was the last time you sought out the new picture book section of the bookshop or library? Find time to do this summer and share a book or two with your friends.
4. Pick a recommended parenting book and read it over the summer.
5. What gender book would you recommend b) how does gender impact play in your home c) what are your feelings about gender books- have you explored any?
6. Where do you go to meet people like you? b) where do you go to meet people with different perspectives? C) which one is what you need right now?
7. Try investigating ecourse, webinars, free calls, new playgroups in nearby towns, local events and conferences to learn new things and experience new people.
8. What systems are working well for you at home?
9. What rhythms would you like to improve, adapt or change- even slightly?
10. What rhythms for me do I need to change, adapt or modify b) What do I do regularly for me each week?

Family next steps

Now it's time to go and take some action. **What are you focusing on this summer to give yourself real growth and a head start in your family.**